



Wellness + Nature Webinar Panelist Bios

Jay Graham, FASLA has a BArch (69) and MLA (72) from The University of Virginia. He became a registered architect in 1974 and registered landscape architect in 1977. He was elected a Fellow of ASLA in 2003. Jay founded Graham Landscape Architecture in 1984 and merged with Ryan Moody in 2016. He is currently a senior principal with Moody Graham.

In 2012 Jay was appointed a Design Advisor to the NatureSacred Foundation (<https://naturesacred.org/>). His career has included designs on college campuses, town plans, singular public projects, and many scales of residential projects.

John Henderson, President of Green Spaces for DC, is a Certified Parks and Recreation Executive, attorney, and city planner with over 25 years of experience in parks and recreation at the Chicago Park District and the Maryland-National Capital Park and Planning Commission. John earned a Juris Doctor degree from The John Marshall Law School, a Bachelor's in Community Planning from the University of Cincinnati, a Certificate in Public Performance Measurement from Rutgers University, and certificates in Public Health Fundamentals and Human Health and Nature from the Eppley Institute at Indiana University. John has been an instructor at the Park and Recreation Directors School and served as Chair of the Commission for Accreditation of Park and Recreation Agencies.

In 2017 he joined forces with Dr. Robert Zarr, a pediatrician based in Washington, DC, to found Park Rx America as a national 501(c)(3) nonprofit that works with healthcare providers to prescribe visits to parks and natural areas for the therapeutic health benefits. John was Executive Director of Park Rx America from 2017 to 2020. In 2010 John co-founded the District of Columbia Green Spaces Alliance, which provides fiscal sponsorship services to persons wanting to create, maintain, and support parks and green spaces. In 1998 John co-founded archi-treasures a Chicago-based 501(c)(3) non-profit devoted to public participation in the improvement of neighborhoods through collaboration with local artists, architects, and landscape architects.

Naomi A. Sachs, PhD, MLA, EDAC is an Assistant Professor in the Department of Plant Science and Landscape Architecture at the University of Maryland and Founding Director of the Therapeutic Landscapes Network (www.healinglandscapes.org). She has published and presented nationally and internationally on the positive role of nature in human health. Naomi is co-author with Clare Cooper Marcus of the book *Therapeutic Landscapes*. She is Co-Editor of the peer-reviewed journal, *Health Environments Research & Design*.